



11/10/24

Annwyl Rieni /Gwarcheidwad,

Rydyn ni fel Ysgol yn dathlu'r Cynhaeaf wythnos yn dechrau 14/10/24.
Hoffai'r Cyngor Ysgol i ni gasglu ar gyfer y Banc Bwyd eto eleni.

As a school we are celebrating Harvest the week beginning 14/10/24. The School Council would like us to make a collection for the Food Bank once again this year.

Dyma'r rhestri o'r Banc Bwyd:- *Here are the lists from the Food Bank.*

Bydd y casgliad yn cau ar ddydd Llun 21/10/24. *The collection will close on Monday 21/10/24.*

Food Items

Soup – (tins & packets)
Tomatoes (tinned)
Baked Beans
Potatoes (tinned/instant mash)
Vegetables (tinned)
Meat (tinned)
Fish (tinned)
Pasta (max 1kg packs)
Rice (max 1kg packs)
Cooking Sauces (pasta sauce etc.)
Breakfast Cereals (size 350g – 500g)
Biscuits
Tea
Coffee (instant)
Fruit (tinned)
Milk (UHT long/life 1 litre)
Fruit Juice – long life (1 litre cartons)
Squash (1 litre bottles)
Savoury Snacks (Crisps, crackers etc)
Chocolate/Sweets
Condiments (Ketchup etc.)

Seasonal Items

Christmas
Easter

Toiletries

Female Hygiene Products

Individual bars of soap
Deodorant/antiperspirant
Shampoo
Shower gel Shaving foam/gel
Toothpaste & Toothbrush (adult and child)
Hairbrush/comb

Household Items

Washing up liquid
Laundry liquid/gel
Toilet roll (small packs or individual rolls)
Cleaning sprays
Cleaning cloths and wipes
Hand sanitisers
Good quality carrier bags

MAE ANGEN / MOST NEEDED ITEMS

- **TINNED CORNED BEEF**
 - **TINNED HAM**
 - **TINNED/PACKET POTATO/MASH**
 - **TINNED FISH TUNA/MACKEREL/ SARDINES**
 - **TINNED/PACKET SOUPS**
 - **TINNED SPAGHETTI**
 - **TINNED TOMATOES**
 - **PASTA SAUCE TOMATO BASED**
 - **TINNED VEGETABLES**
 - **TINNED FRUIT**
-
- **CARRIER BAGS**

DOES DIM ANGEN / WE DO NOT REQUIRE

- **CEREAL**
 - **PORRIDGE**
 - **BAKED BEANS**
-
- **PASTA**

Diolch

Y Cyngor Ysgol.